

A feminine voice for you tonight. I sense you're enjoying your holiday and some of your tensions are being released.

Understanding the fragility of life is something most living people on earth fail to fully comprehend. Everyone is too busy to appreciate what it is they have, whilst they have it. If there is one trait humans tend to display is that of being complacent with the moment. If only they would grasp the importance of living now and not waiting until tomorrow. Have they not worked out - tomorrow is always tomorrow. Living today broadens one's vision and increases the experience. Think about it for

a moment - yesterday is but a memory, and always will be. Tomorrow never arrives. The only constant is today. If we want to be more concise - now, this very moment is like a moving escalator. And you're walking the wrong way on it.

I have some regrets of course. I did live a good life on earth to the best of my abilities. But, although I have few regrets, I can now appreciate how much more I could have done with my time. I was taken from the earth in a moment that came without any warning. One minute eating my breakfast, thinking about the things I were to do that day. Then,

boom, just as quick as that, I was here in my new world.

The year was 1997 your time. I was what's called middle-aged, in good health I thought, and had so many plans to look forward to. Then, no more.

But I have no regrets, only a realisation that, what we call death, is not an end as such, merely a moment of transition we have no control over.

I won't sugar coat it for you. Life here is good, better in many ways. But there are some aspects of living on earth that I sometimes miss. The pureness of rain falling on the skin. The scent from

down in the early morning .  
Cut grass and a few other  
simple pleasures. All can be  
replicated here, but you can't  
beat the real thing, can you?

You have time remaining to  
achieve more, to appreciate more,  
and to experience more. That  
alone should be your driving  
purpose.

I have enjoyed sharing my  
words with you this time. You  
are a good listener, if you  
know what I mean. You have  
a gift with this that you  
must continue to use.

Have you noticed how  
clear this chat has been?

I will send you a butterfly  
tomorrow, and not just a

boring white one. All I ask is  
when you see it, say thank you  
aloud. Your words will be heard.  
Goodnight dear friend.  
Today is a wonderful day to  
enjoy.

