



these unreliable rules. And
no man poyntly than
is the case with connecting
to this side.

There are no rules that
cater for everything and
everyone. People have
this belief that they
can learn the abilities
from others. That is on







or miles. Just sit in your
silence and experience
everything as and when
it happens. Being aware
which is being alert.

I do hope you see the
back of that CD
quickly. I'm sure you
will compare it all too
quickly. We'll send home
your way to help, though
the root of the issue is
a biological reaction of
your physical body.
Your mental state is
strong, as I have witnessed

