

Hello. I've been advised that you like a little introduction. So here I am. Before I begin my topic, I noticed when you were talking in your mind after the opening prayer, you were referring to us, or your higher spirit.

Would you mind me saying that that sounds like a lack of faith in your ability to connect with us. It sounds like you're saying, "Oh well if there's nobody from the spirit world to talk to me, I'll listen to myself instead!"

Have faith dear friend. Do we ever let you down? We are always here for you, because we already know that you are going to make a link with us. Why then would we not make the most of that opportunity to pass on a message?

This is one of the topics I'm

rather passionate about. That faith you have in us being here for you, when you need us to be. And when I say you, I'm talking to you reading my words.

We know when you're connecting and we're always ready to make the most of it. People your side always appear to doubt the link.

People seem to want us to kick them up the rear in a physical manner to let them know. Surely by now, everybody understands that that is not how this works. Our medium is your mind, hence you're called a medium. Why do you think that word is used. You are not a medium, your mind is.

It is through the power of energy that we are able to temporarily

bond with your mind's energy and use it to talk to you.

Of course, that relies largely on you giving us the freedom from your constant flow of thoughts to be able to get a word in!

You wouldn't believe how many mediums' minds we try hard to communicate with, but fail, because of the noise they are producing from the flow of often pointless thoughts. Most are negative in form too. They create nervous energy.

They create heavy energy from doubt. They create negative energy while trying to protect their egos and their fears of failing. Come on, meet us half way at least.

We are here. We always are. We always will be! One thing you

won't like when you eventually live this life is the frustration you'll encounter when you can't get your voice heard by some dumpkin on earth. And then when you do connect with them, they choose to change the purpess of the message. My word! And you think its tough being a medium on earth. Just wait till you get here!

But I share that with you with more than a balance of humour you know. It's not a perfect system, but it's what we've got, and learning how to use it is fun. And so it should be for you in your form.

This is a wonderful gift that we have all inherited, to communicate beyond the

vocal chords:

Now, my dear medium mind, you've written my words accurately and quite fast too. Your mind has stayed out of the way and given me space to add some colour. And I commend you for that.

I'm rather enjoyed having a good chat too. I hope that when someone reads the words you've written for me, that they find something in them to help them along their way.

I hope they find a time and way for me to join you again. It's been a joy.

Thank you and goodbye dearest friend.