

You've had quite a collection of speakers already in the past few days. I am looking forward to sharing my message with you, and your listeners. But I'm aware I'm following some great narrators.

The talking we do is a result of thoughts from the mind that we believe deserve volume!

I know that seems rather a strange approach, but tell me, is that not what we do when we open our mouths and create audible thought?

But what would happen if each of us were rationed to how many words we were allowed to speak in a period? What if one of your days were restricted to, say, one thousand words. Once you'd used them, you'd be unable to speak until the next day. Imagine that condition for a few

moments. Your thoughts would continue as normal.

Would it lead you to a situation where you carefully thought about what you wanted to say? Would you plan in advance the concise communication you wished to make, fearing that you might use up valuable words from your limitation?

As I speak to you now, I sense your mind considering the wisdom and lesson in such a situation. But think more. Would it not result in people not wishing to waste their words on trivial arguments, or nasty comments?

There were people in the past in what you know as tribes that lived this way. They believed it was only the Leaders that were

entitled to speak.

Ask yourself, how long would you survive in such a regime? Would you become frustrated?

There are people around you that, if they were allocated one thousand words allowance, would use them up before they've had their breakfast!

Mankind is losing the ability to harness the power of silence. The unspoken word carries more power than the word in haste.

Medicians should have mastered this but haven't. Instead, they feel they must keep talking, filling in silences with pointless words of no value.

Use the silences wisely. Not for thinking of something to say, but instead drawing your mind

attention to the power and strength of your connection with us. Do this and the important words will always flow. Do this and only what needs to be heard will be heard. Do this and your standards of mediumship communication will reach new levels of excellence.

You see, my opening statement makes sense now. This could be the greatest lesson you've had in a while.

Let me put this to you, before I finish. Create a new habit now. Think more before you put volume to your inner thoughts. Value the words and appreciate the value others will get from them.

I think I've covered every thing I wanted to say to you.

this time.

I've enjoyed speaking to you and those who read my words. Each has been given to this medium with value and thought.

Peace is around you, and upon you this day and forever.

Goodbye.