

THE FOLLOWING QUESTION WAS WRITTEN
ON THIS NOTEBOOK BY JANE, PRIOR TO
TREVOR OPENING THIS NOTEBOOK FOR
TRANSCRIBING THE SPIRIT PERSON'S
MESSAGE OR ANSWER.

Jane: Can you ask your speaker
today
"some of the questions you
yourself have"
instead of letting the
speaker choose the subject.
You might be surprised
by the results!

Good day. There is an interesting question. But from what I've been told, many of the messages we have passed to you then, have been based on questions you're had in your mind at that era of time.

You have often just wanted to receive an inspirational message from us and we have fulfilled.

Your approach has more than often been to treat these sessions as classrooms where you allow us free reign to say what we feel is necessary.

Likewise, as I said above, when you have a bearing question in your mind during

a connection, we do try to address it.

never, I know from your mind that you know who asked this question. Perhaps he should be sitting with a pen and asking US questions as well.

Your favourite phrase, Trevor is 2 ears and 1 mouth as a reference to achieving twice as much listening as talking. This is a valuable tool in your pursuit of knowledge. But let me say, too many questions that people put forward have no relevance to the growth of their spirit and soul.

I know that you, Trevor, have spent much time in your

past, with the pen and without,
exploring aspects of our life
that we have said, time over,
cannot be explained to you
in your frame of consciousness
and understanding.

How is asking us how or
if we eat or go to the toilet
going to move you, or anyone
forward on the path of spiritual
development. It is not. It is
time consuming trivia that
bears no resemblance to the
roles we have in helping you
move forward.

May I use your pen to
address this gentleman please
Trevor? I need you to write
Yes.
Yes

My dear boy, you might perhaps serve your spirit and soul better by learning more about your personal path through the progression of your spirit and by feeding it what it needs and not what you consciously believe it needs.

This medium, however, spend many of his first years of infatuation bogged down in aspects of this work that served no purpose if in his long-term direction.

We eased him away from that course of direction onto one that would serve him better.

He now no longer has ~~too~~ much of a desire to know the workings of this world. He

indeed knows, without
question that it does indeed
exist. He trusts beyond most
other people's trust. There
is a continuation of life after
your short time on earth in
the physical form.

Have I made myself
clear enough? If you want
to deepen your understanding
of this life we're in, and
where you are going, you will
only learn by embracing it
for yourself.

My medium today is Trevor.
Tomorrow it could be you.
And if not you, it will be
somebody else. Like so
many of the speakers here
that talk to Trevor, we are only

concerned with improving his understanding with himself and his spirit.

Trevor is most welcome to ask no questions, as he did only a few sessions ago. But that is not his understanding of how to unfold his abilities any longer. He has moved on from that curiosity stage, as should you my dear friend.

Trevor, thank you for writing my words so accurately!

I know you experienced some concerns about how your friend might reach to an answer. But this is not your concern, and I'm proud of you for listening with

clarity of purpose.

One day soon, people your side will realise that your transcriptions, as you elegantly call them, are a deep and meaningful source of lessons from us this side.

I, and many others working with you, are pleased you went to the Doctor this morning. Now you are back on a course of improved physical health once more. A wise move, even though you were initially pig-headed about it. I must go now. Your mind is tiring and will soon wander away from me.

Have a lovely day and keep up the recovery. Goodbye.