

Hello. Your previous speaker talked to you a lot about wisdom and how it should be considered as advice to act upon. I was listening to the words and it reminded me of a time where I believed I knew it all. I wasn't hearing what teachers were telling me. I knew better.

The problem came some time later down the road when I got into a mental quagmire with my work. Every my own spirit guides were screaming at me, telling me to heed the words and act upon them. Looking back, this was a sticky patch for me.

I began to lose faith in everything to do with working with, what I knew, then, was

my own spirit helpers.

I would estimate that my refusal to listen to wisdom I was receiving was responsible for my lack of growth during this time period.

Looking back, I wished I'd listened to the people with wisdom more. Their advice was going beyond my understanding and I gave no importance to what was being taught me.

The mediums on earth that are struggling to make progress are in that state by unintentionally help blocking.

You are falling asleep - I have to stop to let you rest.

Come back another time soon

and we'll continue this conversation.

Sleep soundly

Goodbye.