

ANNY (PENelope) STAINFORTH

The freedom of expression is a faculty that all living matter on the planet has access to. The freedom to make choices in every aspect of life that it has. A plant can choose how it grows and where it clings to. A cat or a dog can choose how they want to react at any given moment. Mankind can choose any expression of life they want and behaves suits them.

most best -

A Freedom of expression can be found in many aspects of an individual's life, from the colour he or she chooses to paint their walls, to the way the person chooses to view the wider world. Everybody and every living thing is free to make and show their own expression or more accurately impression.

Today I want to talk to you and your readers about the vocal freedom of

expression each of you
have.

You are free to say what
you want in whatever
manner you choose.
That is what freedom of
expression means.

But having that freedom
of choice to express something
how you want, ~~best~~ mean
you should.

People like to coin the
phrase free will around and
debate whether free will
really is free will, whereas
freedom of expression is

not up for debate. You can
express whatever you want,
whenever you choose. No
powers can stop that.

But as I've said, freedom
of expression doesn't
give you (French citizen)
to do so, not if you're
wanting to add to your
communities value and
wealth.

Knowing what to say,
and when to say it, is
a skill many humans
should be adapting more
in their lives.



iy

You all are aware that even a single word comes with it the power to offend someone else or to uplift them.

Even when someone asks you a direct question, you have freedom of expression to answer how you want, but you should not choose words that don't uplift or offer some verbal power to the person listening. All too often in your

in our society people
are quick to judge others,
particularly in a public
environment. This is
really an abuse of their
freedom of expression.

To build your life with
meaning and purpose, with
hope and comfort for others,
your freedom of expression
should be conscientiously
monitored.

"Just because you can,
doesn't mean you should"
should be rewritten to
"Because I can, I will"

uplift this person."

Make it a life goal to
make others worthy, to
help others value themselves,
to offer words they want
to hear, or would like
to hear.

The freedom of expression
is one of the Divine
most wonderful gifts to all
living subjects. But in
using it, the subject
sheds the Divine the
soul of the person
using it.

I hope you've found my
philosophical words
today useful and
hopefully thought
provoking. Remember that
as you express to others,
so shall you receive
such expression back.
God is your power.
Good bye.