

SUNDAY 19<sup>TH</sup> JUNE

16:35

You're finally understanding that since you've been interested in unfolding your inner potential, the right tools, teachers and lessons have been put in your path. Humans like to call these things coincidences. They're not. They're things you need at a given stage of your journey. You've chosen to read a book on this holiday and since reading it, you have learnt more about the work you're doing with the pen. You've been reassured by the words you've read and now feel more confident about this task you've undertaken as part of your unfolding. Your thoughts earlier were whether you should

share the book title with your readers for fear they may doubt your integrity. We say to you that you should. Remind yourself why you do this. You are hoping others may learn from the words. Then share the title of the book and let those that read the title consider for themselves whether they should read it or not. I say here, if they want to learn more about this ability to write inspired, then they should read it. If they choose not to, so be it. Before you left home we inspired you to search the internet with these key words and then made sure you seen the book. It was your choice to buy it, as it was your choice to read it.

Perhaps you might consider compiling all your previous writings and making them into a book for others to benefit from. You have all the skills and knowledge to do so. It's your choice of course.

During these past two weeks you've spent valuable time attending yourself to your inner self. Have you noticed how now everything feels a lot clearer moving forward? As I said, you do your part and get me to the inner world and we'll be there all the time for you.

You have come so far, in your unfoldment and you've got it all done that you have so much

more to learn. Isn't that exciting?  
The bigger picture, the deeper  
understanding, the stronger  
belief, the greater knowing are  
all visions that those of you  
spending time unfolding are  
looking to explore. I say good  
for you all. Your life on earth  
should be one of exploration.  
Of seeking greater awareness,  
of perfecting your purpose.

What is life if not to achieve?

My friend, you are at a pivotal  
point in your personal unfolding.  
Your hard work is paying off  
for you personally. Keep doing  
what you are doing and avoid  
the doubts that stumble you on  
the way. As your Bible states  
'seek and you shall find.'

Your temperament changes when you're at this island. It's again not a coincidence that you found this place all those years ago. We knew it was a good place for you to unwind. We love the way you call it your spiritual home. One day, you'll understand more about the various climates and locations on your planet and the effects they each have on the inhabitants.

The phrase 'If you want to change some things in your life, you'll need to change some things in your life' is one you should include in this writing today. There is a reader that is struggling with this concept and needs to

accept that she needs to take heed of those words. When you deny something you are closing your mind to opportunities and new openings. We can only help those that are prepared to help themselves first. The action will create reaction. The inaction will only create stagnation.

I will send you a dolphin now. Stop writing and focus on the distant sea in front of you. Say thank you aloud when you see him.  
Goodbye.