

SINAIWA "If I ruled the world, every day would be the first day of spring."

I thought you'd like that. When I was down there, I met Harry Secombe once. He was a nice man. Do you know he had a medium friend who used to give him and his wife regular readings. No, I can hear your surprised thought. You didn't know that.

I always thought I was a good medium once. I suppose I had a bit of a chip on my shoulder too. I used to turn on the charm for the ladies. Well, I can see the error of my ways now. Mind you, I've been here a few years now. 1982 in your terms. That was when I had the heart attack that finished me. That

was also when I found out who the real people that loved me. Those that were close to me, yet I'd not showed much care when I was there.

That is always my lesson I share with my students these days. Open your eyes and appreciate those special ones that are around you and, certainly in my case, had to put up with me and my ways.

Of all the mistakes I made when I was alone, if I could go back and change anything, it would be how I didn't show my family the love they deserved. Forget all the other silly mistakes - they made me who I became. But the lack of love I shared with the people that.

deserved it - that was my biggest regret.

I've been told that the last thing you always say before you sleep is to your lady. You tell her you love her. Oh I wish I'd done just that simple thing. It would have made all the difference, not just to me now, but to them at the time.

My wife went on to marry again and thankfully her new man is much better than I ever was.

My sister is with me here and she knows how much I still get sad about how I acted about loving others.

Two words I hate more than any others is Arragance and Ego.

I know the latter is something everyone has to some degree, but too

many people seem to treat their
egos as balloons they like to
inflate. Not flattering at all.

Yet when I was down there
I used to admire the gentle and
humble men. I always wished I
could be like them.

You might be wondering have I
changed. Yes I have, and its
through that change I can
appreciate how wrong I was.

Other mediums have relayed my
apologies to Janet, my wife, but
she doesn't really accept them.
I've tried to connect myself
but her spirit won't let me.

Nowadays, I still carry on
with my mediumship and I
teach a lot too. I teach love
and appreciation. Its all that
matters in the grand scheme of things.

Would you care to do me a favour?
When you type these words up
of mine, would you renew
the lyrics of the song I sang.
Perhaps even print them. Pay
attention to the last verse.

It's been a therapy and pleasure to
use your energy today. Thank
you so much. Remember,
love and appreciate everyone now,
while you can.
Goodbye.
