

I'm sure you're aware that you need to spend more time on your personal unfoldment. It has been some time since you last ~~set~~ sat for yourself. We have much to achieve together and so much we want to share with you about our worlds.

Time is something that only we have in abundance, but not you. Remember that. Much of your unfoldment is better completed on your earth in the life form you are in.

Life for you is based on experiences. Everything you do is an experience, and experiences, like lessons, are important.

Take a moment some time to consider ~~the~~ what experiences you hope to live each day.

Everything is an experience - when you rise in the morning, when you dress, when you look through the window and see the new day - they are all experiences. Each have a value and each are part of your journey.

People often wonder if we maintain memories of our previous life on earth.

Indeed we do. We often remember them as experiences too. Sometimes we recall experiences to help us in what we are learning. You have a word for that on earth - Nostalgia.

We too are selective in what we choose to recall. When we pull on a memory we are able to experience it with the energy strength of when it was originally created.

I have heard it suggested from souls this side that when we revisit a memory from our life on earth, we become part of that moment again, as if we were actually in it once more.

It certainly feels like that at times. I've recalled some of my own earth experiences and have felt like I was literally reliving it again.

Of course, we continue to create new experiences in this form too.

They're different though. Too confusing for me to put into your words, but experiences here are somewhat different.

I shared that with you because I want you to work on our relationship more. Sit in your power and explain us to blend together more often. There is so much awaiting your mind.

Your life on earth is often considered three dimensional. Indeed it is. But ours is more. Multi-dimensional. Our form allows us that ability. To be in more than one place in the moment, you

might suggest.
God gave us all the miracle of life. But let me tell you, life is more full, more focused, more complete, than you will ever understand on earth. The limitations you inherit on earth are that way so you can fulfill your life with ease.

Thank you for choosing to pick up the pen this night. I knew you were coming of course. Use your time wisely and consider your priorities in alignment with your long term desires.

Peace be with you.

Good day to you.