

I've come bringing peace and happiness, to talk to you this day. The flow of communications between our two worlds is remarkable.

It's constant, and the number of people on earth connecting to us at any of your given moments is too many to count. It is a rich source for everyone involved on earth, and one that brings us great joy and happiness to be involved in.

Years many great teachers are all enthusiastic in wanting others to make the fragile connection for themselves. Much time is spent sharing stories, techniques and methods that can be used.

It's a wonderful ability to acquire and well worth the effort, particularly for those that struggle to grasp the basics. There are many moments of joy this side, when a new medium finally makes a pure connection and relays a message of love and hope to someone in need of it.

I'm most certainly not going to talk to you about the right way and the wrong way to bridge the two worlds that is best left for the student to work out, and for the teacher to establish.

There are many ways that I have learned since my new life here, but there are also many ways I still can't quite grasp. But isn't that the beauty of the gift? Isn't that exciting for both our worlds?

I have found that those partaking in the gift of healing do achieve the greatest and strongest communications when it comes to using mental states. Their energies are more aligned to ours, and messages are relayed more accurately.

I suppose if I had to share with you my least favorite way to connect with people on earth, it would be using the dreamy state. When people on your side rest and fall to sleep, their minds move into a state of tranquility that suits our connection.

The reason I'm not keen on using it is because some of the greatest deliveries I have made have gone forgotten when my connect awakens. It's frustrating! We do make effort to ensure that the message is remembered, but beyond that, there's little else we can do.

It's worth reminding you that it is people on earth that appear to enjoy attaching do's and don'ts to everything.

Do this, do that, don't do this, don't do that. These types of instructions only serve to confuse people.

Your teachers would do good to learn to be more flexible in their approaches to teaching others how to connect with us.

No two slices of bread are the same, according to my ma! Everyone is different.

Sad as it is, there will never come a time when everyone on your side knows to connect with our world. There are too many wrong influences for that to happen. That is a shame, especially when you appreciate that everyone could learn to unite our worlds quite easily.

You, my friend, have had your self-imposed challenges along the way, but finally you're more accepting of the processes and getting better at it every day. But many who will read my overets will still keep saying they are struggling, or share how they find it difficult to connect or recognize our touch.

I say to them, once you accept, you own the gift. Does that make sense? It's that clearly stated.

Once you accept, you own the gift.

I'm grateful that you've given my words a voice today. This too is one excellent way for us to talk to you. Keep doing it my friend.

Take my joy, my healing energy, and my words with you this day and onwards.

Goodbye.