

Hello my friend and all. One of the emotions that many people suffer with when they cross to this side is that of guilt.

Yes, guilt is indeed an emotional trait and one that can drain so much positive energy.

The cause of the guilt that many people display when they cross is that ~~caused~~ by what they individually believe is under-achievement.

It is true that when

we thus side are oversteering,  
our students of your waste,  
we always expect more  
from them. You see, we  
know that each person  
can achieve so much  
more with their life, if  
they chose to devote more  
time and energy to it.

We would not be doing  
our best for you if  
we suggested you take  
it easy and don't  
worry about educating  
yourself. We want each  
person to achieve as

much as they can in their  
life on the planet.

Most people that care  
most about their education  
are the ones that  
experience the most  
guilt on ~~returning~~ returning here.

But I want to offer you  
some words of comfort.  
No matter what you  
achieve in your life on  
earth, or even what you  
don't achieve, you'll be  
treated with the utmost  
love when you come home.  
Guilt is just an emotion

you place on yourself with  
no help needed from  
anyone else.

Yes of course you  
should always strive to  
better yourself and  
that is all that is  
expected of you - It's  
not about what you  
did achieve but what  
life you lived and  
how much effort you  
put into it.

Nobody this side will  
make you feel guilty - You'll  
be loved as equal on the



next person.

I believe one of my  
colleagues has spoken in  
the past about negative  
energies, and how they  
drain the energy supply.  
Guilt is responsible  
for much energy being  
irrevocably lost! Don't  
let it, please. What you  
have achieved is what you  
you managed to. Well  
done for that.

And really you all  
wanted to share  
with you today. I hope

It made some sense and  
that you can learn from  
it.

Thank you for writing  
my words down  
Goodbye friends